



הצעה לפתרון בחינת הבגרות באנגלית
שאלון A

סמל שאלון 16381
מועד קיץ תשע"ח 2018

הפתרון נכתב על ידי אסף גבעתי ועודד לוי
מצוות מורי רשת החינוך אנקורי

המורים שפתרו את הבחינה מחכים לכם פה

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אנגלית, סף תשע"ח, מס' 016381, גרסה א'

- ענה באנגלית על השאלות 1-8, על פי הקטע.
 בשאלות 1, 2, 5 ו-8, הקף את המספר של התשובה הנכונה.
 בשאר השאלות ענה לפי ההוראות.
 (70 נקודות)
- أجب بالإنجليزية عن الاسئلة 1-8، حسب القطعة.
 في الاسئلة 1 و 2 و 5 و 8، ضع دائرة حول رقم الإجابة الصحيحة.
 في الاسئلة الباقية، أجب حسب التعليمات.
 (70 درجة)

Answer questions 1-8 in English according to the article. In questions 1, 2, 5 and 8, circle the number of the correct answer. In the other questions, follow the instructions.

1. In lines 1-5 we learn (-).

- i) what our body clock does
 ii) when we should go to sleep
 iii) how to begin our day

(7 points)

2. To start the day full of energy you should (-). (lines 6-7)

- i) plan your day the night before
 ii) get up at the same time every day
 iii) sleep a little more on weekends

(7 points)

3. What is the first thing you should do after you wake up? Give ONE thing. (lines 6-7)

ANSWER: Focus on your breathing/ Stretch your arms and legs/ Plan your day.

(7 points)

4. Why is sunshine important? (lines 8-9)

ANSWER: The light of the sun tells our body clock that it's time to start our day.

(7 points)

5. Why should you stand on one foot? (lines 10-12)

- i) You will stay focused all day.
- ii) Your teeth will be cleaner.
- iii) It will help you wake up.**

(7 points)

6. Give ONE thing you should do during the day and ONE thing you should not do. (lines 13-16)

COMPLETE THE SENTENCES.

You should **take a walk/ make sure you eat a healthy breakfast./ take a short break to exercise if you sit a lot** during the day.

You should not **sleep in the afternoon**

(2×7=14 points)

7. PUT A ✓ BY THE TWO CORRECT ANSWERS. (lines 17-19)

To get a good night's sleep we should (-).

- i) eat a big meal in the evening
- ii) do some exercise before going to bed
- ✓**..... iii) go to bed at the same time every night
- ✓**..... iv) not work before going to bed
- v) drink coffee in the evening

(2×7=14 points)

8. This text tells us (-).

- i) how many hours to sleep at night
- ii) how to do outdoor activities
- iii) how to have lots of energy**

(7 points)

مرشد لركوب الدراجة الهوائية
أجب عن الاسئلة 9-14 حسب البث.
ضع دائرة حول رقم الإجابة الصحيحة.
(30 درجة، لكل إجابة صحيحة – 5 درجات)

מדריך לרכיבה על אופניים
ענה על השאלות 9-14 על פי השידור.
הקף את המספר של התשובה הנכונה.
(30 נקודות; לכל תשובה נכונה – 5 נקודות)

Answer questions 9-14 according to the broadcast. In all the questions circle the number of the correct answer.

A GUIDE TO BIKING

9. "Be Safe" is the name of (-).
- i) a group of bike riders
 - ii) a radio program
 - iii) a school for bike riders
10. Bike riders should use sidewalks only when (-).
- i) there are no people on the sidewalk
 - ii) there is a special place for bikes
 - iii) there are many cars on the road
11. What advice does Jane give bike riders? She tells them (-).
- i) to ride in the middle of the road
 - ii) to be careful about parked cars
 - iii) to listen to quiet music while riding

(שים לב: המשך השאלות בעמוד הבא.)
(انتبه: تكمل الاسئلة في الصفحة التالية.)



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12. Why should bike riders not talk on their cell phones while riding their bikes?

- i) They won't hear important sounds around them.
- ii) They won't hear what the person on the phone is saying.
- iii) They won't see other bike riders coming down the street.

13. What other things does Jane's group discuss?

- i) Which streets are safest.
- ii) Where to keep their bikes.
- iii) Why they may have problems with their bikes.

14. What does the group say about bike equipment?

- i) Where they should buy it.
- ii) Which helmets they should wear.
- iii) Why they shouldn't pay a lot.

בהצלחה!

מכתב היוצרים שמורה למדינת ישראל
אין להעתיק או לפרסם אלא ברשות משרד החינוך

לא לכתוב באזור זה
لا تكتب في هذه المنطقة